



# Amy Johnson Residence

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**January and February 2016**

## **Thank You Friends**

A WORD OF APPRECIATION FOR THE KINDNESSES OF MANY - Barbara Alefeld, Marilyn Allen, Marilyn Reiersen, Devonna Tombers, Larry Wheeler, Joanne Ford, Lois Burnes, Jill Dau, Jane Grubbs and Theodore King.

## **Activities**

We read the play "Rumpelstiltskin" with Tim playing the part of the King, Marion - Kathleen, Rumpelstiltskin - Steve and other parts were played by Dan Z, Joan, Peg, Luanne with a great audience of Mike, Dianna, Carla, Brian, Lee, Wanda and Lucille. Everyone did a great job!.....At our monthly Resident Council meetings, we talk about possible new activities - where we'd like to go and shop or eat or visit..... At our weekly "What's Up?" meetings we discuss the weekend activities in which we participated..... We saw pictures of Kathy's trip to Hawaii and even performed a science experiment showing how volcanoes erupt there..... We made bakeless cookies - yum!.....We discussed the six president of the U.S. who furthered the cause of our environment. We also reported on animals in nature by selecting favorite animals, birds, insects from our encyclopedias and shared information about them. ....At our weekly Bible study session, we've been talking about Lent,

forgiveness, appreciation, caring and love....Our sing-a-longs are fun too.

## **January Jaunts**

We continue with the daily two exercise groups. Some chose a DVD of the one mile walk and some walk outside weather and sidewalks permitting.

We have music request hour, with a few animal video or scene from a favorite movie too. We love singing along to our favorite songs.

For Dan Z.'s and Patty's chose Old Country Buffet for their birthday. Those who celebrated with them were Dianna, Brian, Carla, Lee, Wanda, Mike, Tim and Rose S. The 3rd food outing was Great Moon and those enjoying this Asian delight were Luanne, Patricia, Joan, Marilyn, Cheryl, Rose S. and Patty.

A great winter get away was made to the Conservatory and the Como Zoo. The flowers, greenery and warmth were delightful. The primates made us laugh as they were in an action packed mode.

Those who went were Johanna, Kathleen and Rose S. We made trips to the Dollar Tree, Great Clips, Goodwill, Walmart, Target, and the post office. Some of these shoppers were Luanne, Patricia, Johanna, Patty, Kathleen, Dianna, Joan, Peg, Rose S., Tim, and Carla.

Library lovers have been Marilyn (who is particularly interested in mystery novels

these days, Rick our music lover has been checking out the C.D.'s, Kathleen catching up on some good articles in the magazine section. Lee, lover of art, architecture and classical music and Rose S., country music. Our McDonalds coffee and chat participants for January were Luanne, Joan, Carla, Peg, Lucille, Marilyn and Dan Z.

We had a fantastic New Year's Eve snack of smoke salmon and vegetable tray. New Year's Day was a special treat as well.

Thank you to our Dietary team!

For Martin Luther King day we took turns reading his famous, " I Have A Dream."

Then we watched him give his speech on you tube. We then discussed our favorite parts of his speech.

Our Movie Critic's corner for was divided into two theaters. Some saw "Joy" and some went to " Drive Along 2". Those that saw Joy were Luanne, Lucille and Kathleen. These ladies gave it 3 thumbs up! Dan Z., Tim and Joan gave the comedy, Drive Along, 2 thumbs up and 1 o.k.



## February Frolicking

Cherokee Sirloin was the restaurant of choice For Joan's birthday. Those who went to this favorite with her was Lucille, Luanne, and Cheryl. The other two outings selected long time was DeGidio's and Red's Savoy.

Those who went to those were Brian, Wanda, Mike, Carla, Patty, Diane, Tim, Kathleen, Rose S., Sam, and Marilyn.

Our February shoppers, Great Clips and library goers for this month were Diane, Joan, Peg, Dan J. Lee, Patty, Rose S., Luanne, Wanda, Kathleen, Steve, Johanna and Mike.

We would like to introduce our new resident Diane. Some of her favorite things are shopping, adventures, horses and spending time with her family. She is such a sweet and kind person. We are thrilled to have her at Amy Johnson's!



For Valentine's we had bakers, decorators and on lookers to create this treat for our Valentine party. Those assisting with this were Patty, Kathleen, Lucille, Dianna, Brian, Joan, Johanna, Diane and Rose S . We also played matching famous couples and Valentine music trivia and the history of this celebration. We had a nice Valentine's Party as we listened to the Beatles.



We exchanged Valentines and reflected on the Valentine streamers with hearts, as housemates and staff wrote what they liked about each of us on the hearts.

We took a trip to the Science museum. We saw "The Mystery of the Great Lakes". We couldn't believe all we learned and saw in such a short time. We enjoyed it so much we also saw "The Humpback Whales" the next week. Those who went to this fun and educational adventure were Tim, Kathleen, Rose S., and Patty.



Playdough art made with Kathy and the fine sculpters with their creations.



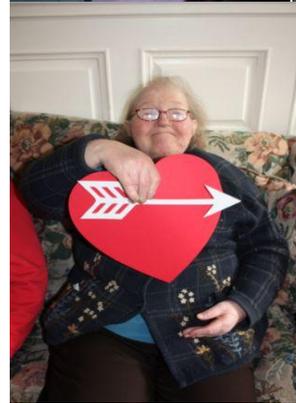
Our February Movie Critics Saw "Hail, Caesar!" This Coen brothers film was seen by Tim, Rose S., Patricia, Luanne, Kathleen and Dan Z. These critics were divided. One thumbs up, two thumbs down and two o.k.



We enjoyed a super bowl party. Treats and a Super Bowl quiz was played. The winner for the most right was Patty!

Bingo players since the beginning of the new year have been Rick, Kathleen, Johanna, Dan Z., Rose S., Joan, Patty, and Carla.

# House Cupids



## **INSPIRATIONAL THOUGHT**

**Perhaps we could learn something from "The Spirit of Aloha"** In Hawaiian culture, the spirit of aloha goes well beyond a simple greeting. It is a way of life. As the Hawaiian Code of Conduct dictates: "We shall practice Aloha, the heritage from our ancestors, mindful of the virtues of modesty, harmony, pleasantness, humility and patience reflecting a wholesome lifestyle that embraces the Hawaiian connection of land, water and people. It is an essential bond that aligns good living with the natural bounty.

## **NEWS FROM HONDURAS**

Deysi Blanco sent us pictures of children receiving Christmas gifts purchased with money that we sent. Needy families also received some much needed food. She sent us a lovely Christmas card and a big thank you (and hugs) for all that we have done for the people in the communities in the South of Honduras. We collect small change in our piggy bank and also sell our pop cans and used postage stamps. It's always a big event when we count all the money in the piggy bank. It challenges our skill in math.

## **ENVIRONMENTAL NEWS**

Recycling a single aluminum can saves enough energy to power a TV for 3 hours. You can conserve up to 200 gallons of water per month just by turning off the tap while brushing your teeth. Every ton of paper that is recycled saves 17 adult trees, 60,000 gallons of water and 225 kWh of energy.

## **HAPPY BIRTHDAYS**

January 5 - Dan Zieman, a former guitar player enjoys going to the local food market and on many errands.

31 - Patty Metty, a seamstress and quilter gets out a lot, especially shopping.

Staff - Jan. 5 - Devonna (Activities)

Jan 31 - Mary D. (Cook)

February 5 - Joan Gallas, a creative talent brings information to us about the classes she is taking.

Staff - Feb. 4 - Dan W. (Maintenance)

Feb 24- Angel (RN)

## **THE ROAMING REPORTER**

### **Who was your favorite president and why?**

Brian-Kennedy, he is Catholic and comes from a large family.

Tim- Kennedy, he was just honest and hard working.

Wanda- George Washington, He was the first.

Marilyn- Kennedy, I like what he had to say.

Rose S.- Regan, I just liked him

Cheryl- Jimmy Carter, he was a peanut farmer.

Patty- Jimmy Carter, he started Habitat for humanity.

Rick- Kennedy, He was a good person.

Dan Z.- Jimmy Carter, he had Muddy Waters and Johnny Winter play.

Rose L.- Kennedy

Steve- Nixon, for being strategic and smart.

Dan J.- Kennedy, he had a sense of humor. He stood up to Khrushchev.

Carla- Lincoln

Dianna- Washington

Sam- Harry Truman, set up systems with money after the depression.

