



Amy Johnson Residence

**Newsreporter XXXVI
Number 3**

May/June 2019

Thank You Friends

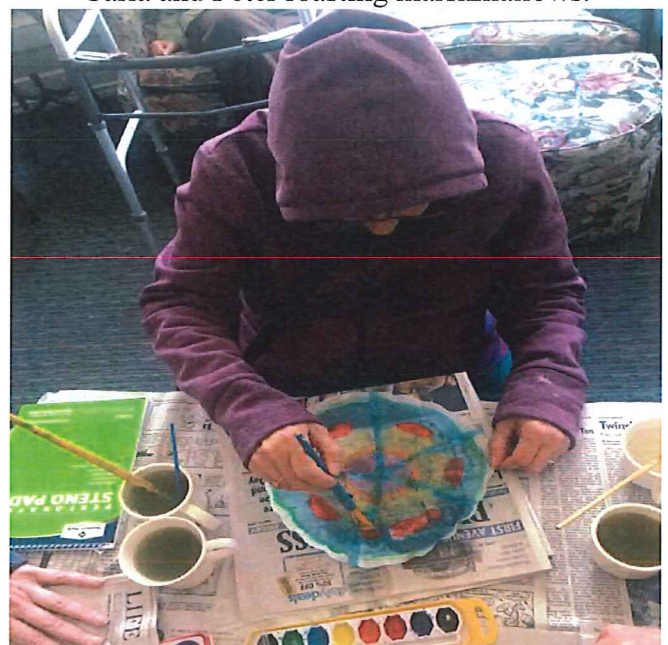
Special thanks to Lynn Knapp for the donation of lovely clothes and cool shoes. Thanks to Stephanie Bowron for coming Mondays to play piano and lead us in singing our favorite songs, including *Mocking Bird!* And, thank you Jennie Theisen for donating the karaoke machine, and joining us with your enthusiasm for singing and dancing the 80's music!

May/June Activities

Bible study themes these months were on friendship, acceptance, and anger. We all agree that we miss Kathy's piano playing on the hymns! Peg's family and friends treated us to a harp concert for her birthday. Peter's piano-playing friend Stephanie led us each month for a sing-along on Mondays, teaching us some of our favorite music appreciation tunes. We also got out the karaoke machine for a song and dance party. With the warmer weather, we are able to get outside to walk; 3 times around our block is a mile. We celebrated Memorial Day with a party, and on Mother's Day, we discussed the world's most important job, moms and their love! We had ethical discussions about situations from our lives, and a political conversation as we listened to the Mueller report findings on TV. We conducted 2 food science experiments - we tried making s'mores over an open fire with Peeps candy instead of marshmallows, as we were told they would taste like crème brûlée?! And, we juiced the lettuce we grew in the garden, along with kale, apple, lemon, carrot, and orange, to make a super nutrient drink to try. One resident remarked that it tasted like "orange juice and grass clippings."



Carla and Peter roasting marshmallows.



Rosie making one of the coffee filter butterflies we hung from the dining room ceiling.

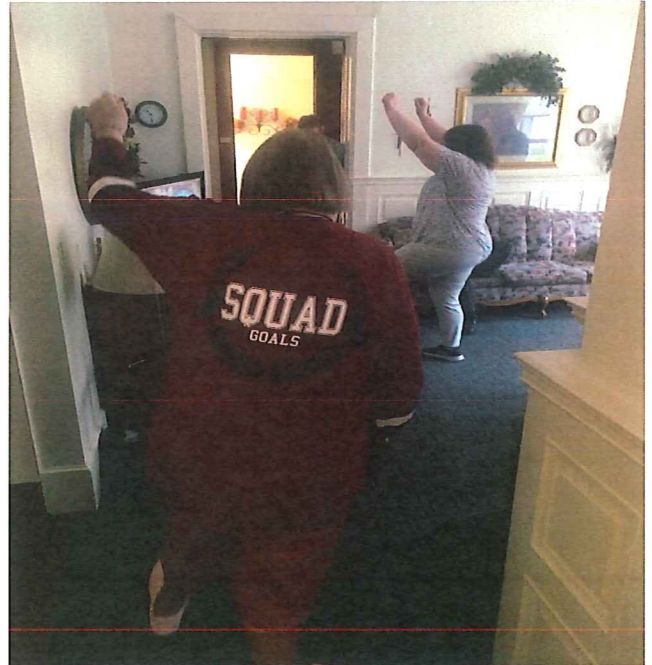
Activities continued...

We made cool butterfly mobiles to swoop down on us in the dining room. We continued our study of the poetry of pop music, examining Neil Young's song, *Sugar Mountain*, a song about growing up, and Joni Mitchell's song *Circle Game*, written in response to it. The day after comedian Tim Conway died, we watched old clips of comedy sketches he did with Harvey Korman on the Carol Burnett Show, and laughed until we couldn't breathe and the house was filled with laughter.



The sublime music of a harp for Peg's birthday!

In games, Carla narrowly beat out Tim and Joan to win 196-193, while Yeng joined the double bull's eye club, getting one his third time ever throwing a dart?! The resident choice outing was decided by a new game called *Name 5*. Peg remembered 5 states beginning with the letter m, getting Montana in the last seconds to win. Peg decided on a trip to St. Paul Cathedral and Dairy Queen as her prize.



Exercising inside...



Wanda's lucky streak continues, one resident suggested we should "take her to Treasure Island Casino."



And walking with Jasper outside!

May/June Outings

Pat, Marilyn, Mike, Kathleen, Yeng, and Dan Z. celebrated with Tim for his birthday at **Best Steak House**. Margaret, Brian, Carla, Lee, Patty, and Wanda wished Peg a happy birthday at **Snuffy's**.



Luanne, Joan, and Lucille with Rick for his free birthday steak at **Cherokee Tavern**.

Dan Z., Lucille, Cheryl, Joan, Pat, and Luanne keep loving lunch at **Great Moon**, for lo mein, egg foo yung, stir fried vegetables, and almond cookies. Patty, Tim, Mike, and Yeng visited the other favorite old standby, **Golden Corral**. Johanna, Wanda, Brian, Marilyn, Kathleen went with Carla to **Pizza Ranch** for her birthday. Everyone enjoyed the pizza crust stuffed with cheese.

Summer weather means that the library crew - Marilyn, Margaret, Lee, Cheryl, Kathleen, Pat, Rick, and Joan, can get to the **downtown library** before going out for a pop or coffee.

Carla, Lucille, and Kathleen made their quarterly trip to **Pusch Salon**, for hairstyle and fancy coffee; while Dan Z., Tim, Lee, Brian, and Marilyn went to **Great Clips**.



At the Minnesota Zoo.

Lee, Luanne, Rosie, Patty, Kathleen, Joan and Johanna were our searchers after hidden treasures and gently used clothing at **Goodwill**. Brian and Pat D. joined the rest of the shopping gang for our monthly run to the Woodbury **Walmart** and **DollarTree**. New in shopping news was a trip to **Michael's**, an arts and crafts store. Super shopper Johanna gave it a thumbs up, and we shall return!

We've been on a music-themed kick for our monthly **Movies at Woodbury**. Margaret, Cheryl, Pat, Kathleen, sat back in the newly refurbished seats with a bucket of popcorn and diet soda, in May and watched *Bohemian Rhapsody*, followed by *Rocketman* in June.



Monday morning sing-a-long with Stephanie.



Patty, Margaret, Luanne, Yeng, and Kathleen went on our annual fishing excursion with one great organization called Let's Go Fishing. Our Captain Ron is even the brother of one of AJR's former residents, which is nice connection. Though the river was high and the fishing said to be 'not so good', our party caught and released 3 beautiful small mouth bass.



A thank you kiss before throwing it back!



A lovely fish brings a smile to Yeng's face.



Dan J. juicing the lettuce he grew from seed.

Inspirational Thought

"Remember you're the sky, everything else is just the weather."

- Buddhist teacher, Pema Chodron



Happy Birthdays

May 17th - Rick Gibbons enjoys his music collection, getting old school vinyl albums from the library, and walking to Nina's Coffee Shop to sit outside and see friends.

May 17th - Tim Quirk cheers on his favorite teams most weekends. These days it's the Twins, even when a certain unnamed player is pitching. He also enjoys lunch at De Gidio's Italian Restaurant once in awhile.

May 24th - Peg Igo does a lot of inspiration reading and shares it with others. She contributes regularly to our Bible study.

June 24th - Carla Haas enjoys caramel sundaes on treat day, finding artsy clothes at Goodwill, and beating most others in darts. She is one of our most faithful exercisers.

Honduras News

Thank you so much for the last letter and check you sent for \$170.00. We received last week, but I went to a community to preach the gospel. The political and economic situation in our country is very hard. Please pray for us and a better Honduras. A lot of people do not have work. It is a great challenge to continue working with more strength and commitment to make things better. We appreciate the beautiful card that the residents sent us to comfort our lives. The money you are sending is very useful for all the projects we have in the churches for children. God bless everyone. Deysi

Environmental News

Too much plastic! Bring your own grocery bags. Instead of plastic wrap, use bee's wrap. Instead of synthetic sponges, use a cotton alternative. Do away with plastic water bottles. Wooden toothbrushes made out of bamboo. Like to drink from a straw? Use a shatter-resistant glass one.

Roaming Reporter wants to know ... What makes you smile or laugh?

Rosie - Kids

Rick - Being with my folks

Lucille - My Norman

Pat D. - Peter

Brian - Jonathan Winters cracks me up

Cheryl - Seeing people on my walk

Lee - Daffy Duck doing a striptease

Dan J. - my brother's comments, sometimes he can say things that are really funny

Wanda - Hugs

Luanne - My daughter Anne and Fiona

Dan Z. - When my friend Tony visits

Steve - When someone gives me a rare coin

Kathleen - A good joke and a baby

Johanna - Oh, um, well, my coffee in the morning

Margaret - You, I just love to laugh!

Peg - (a smile) Kids

Mike - Going for coffee and eating hamburgers

Marilyn - Red Skelton

Joan - Food outings and exercise

Tim - Kids, they're more intelligent than adults

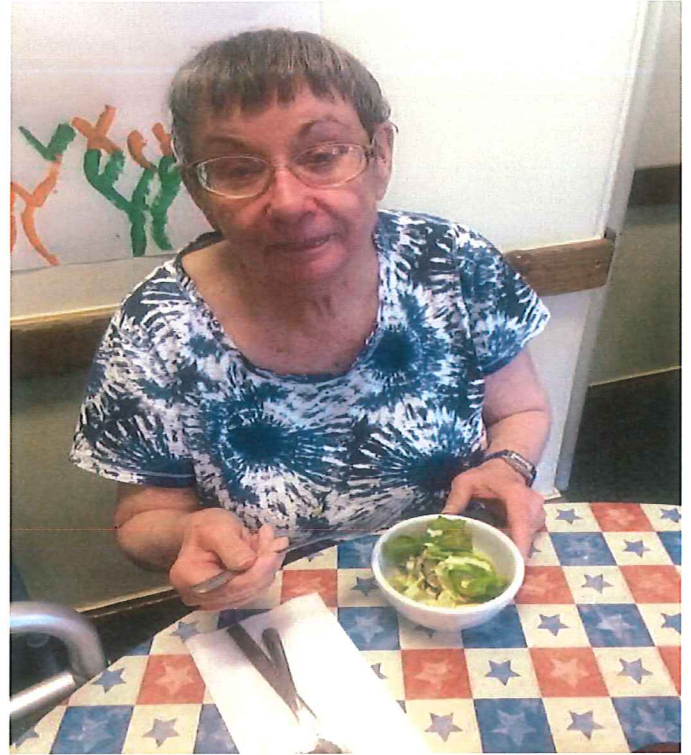
Patty - A joke

Yeng - That I have a good place to live

Gary - A baseball game



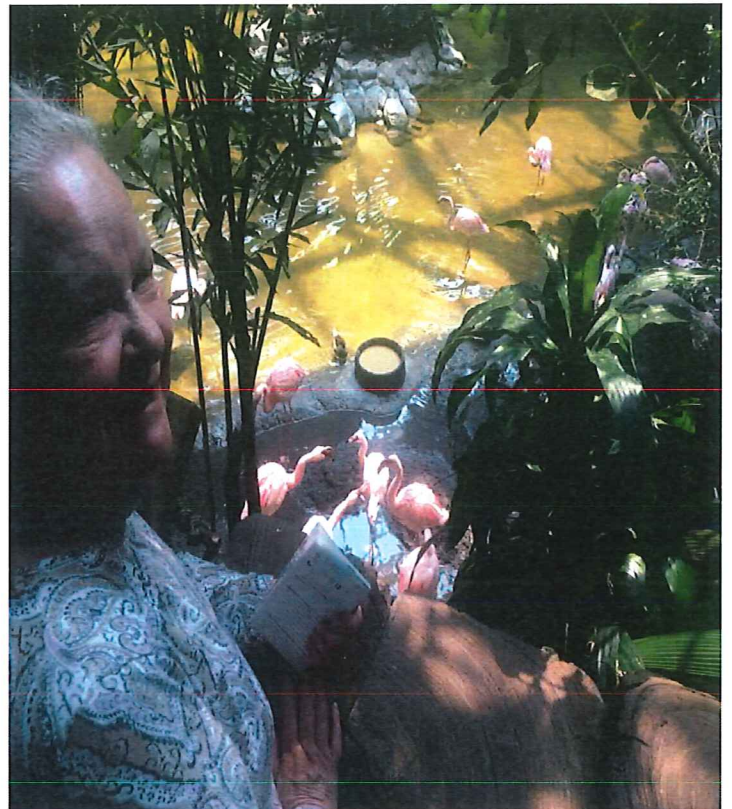
Stripes both ways!



Fresh lettuce from our garden for lunch.



Staff joins the fun. Cindy throws, Tim ducks!



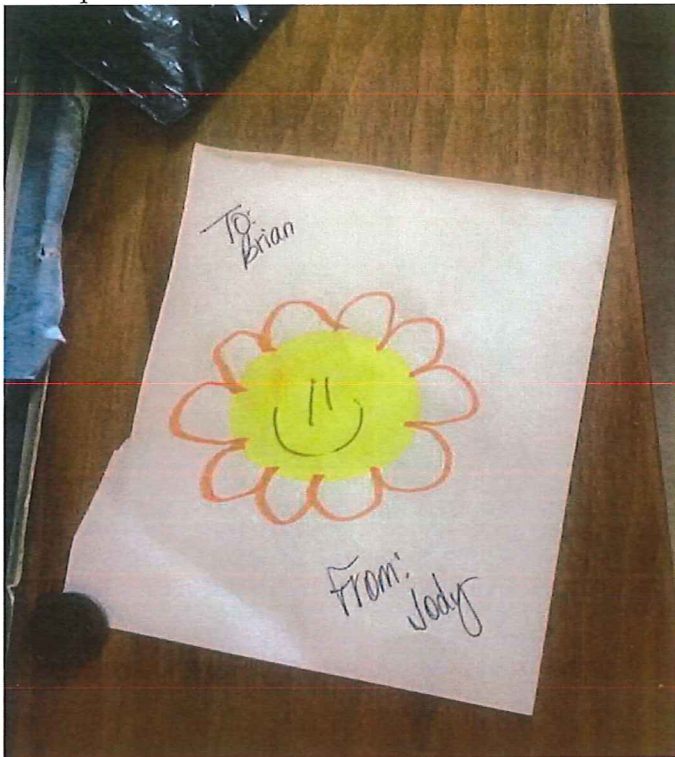
Patty and pink flamingos.



Margaret has a great sense of humor, but is a serious fisher person.



Some days smiles!



A kind note from staff brightens our day!



Especially out and about on treat day!